### HOW TO OVERCOME BARRIERS TO COOPERATION?

Jean-Edouard Grésy





#### WHEN AND WITH WHOM DO YOU NEGOTIATE?



**YOUR CLIENTS SUPPLIERS?** 



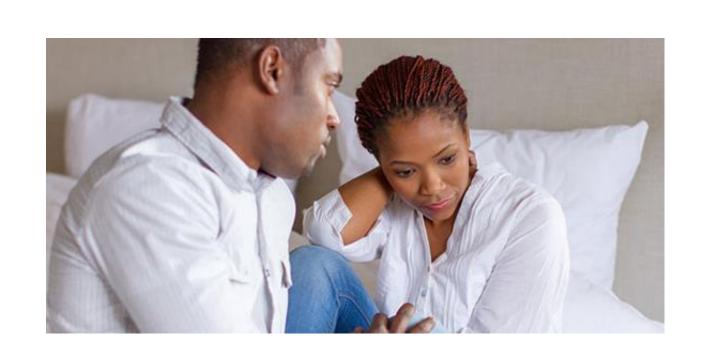
YOUR BOSS?



**YOUR COLLEAGUES?** 



**YOUR CHILDREN?** 

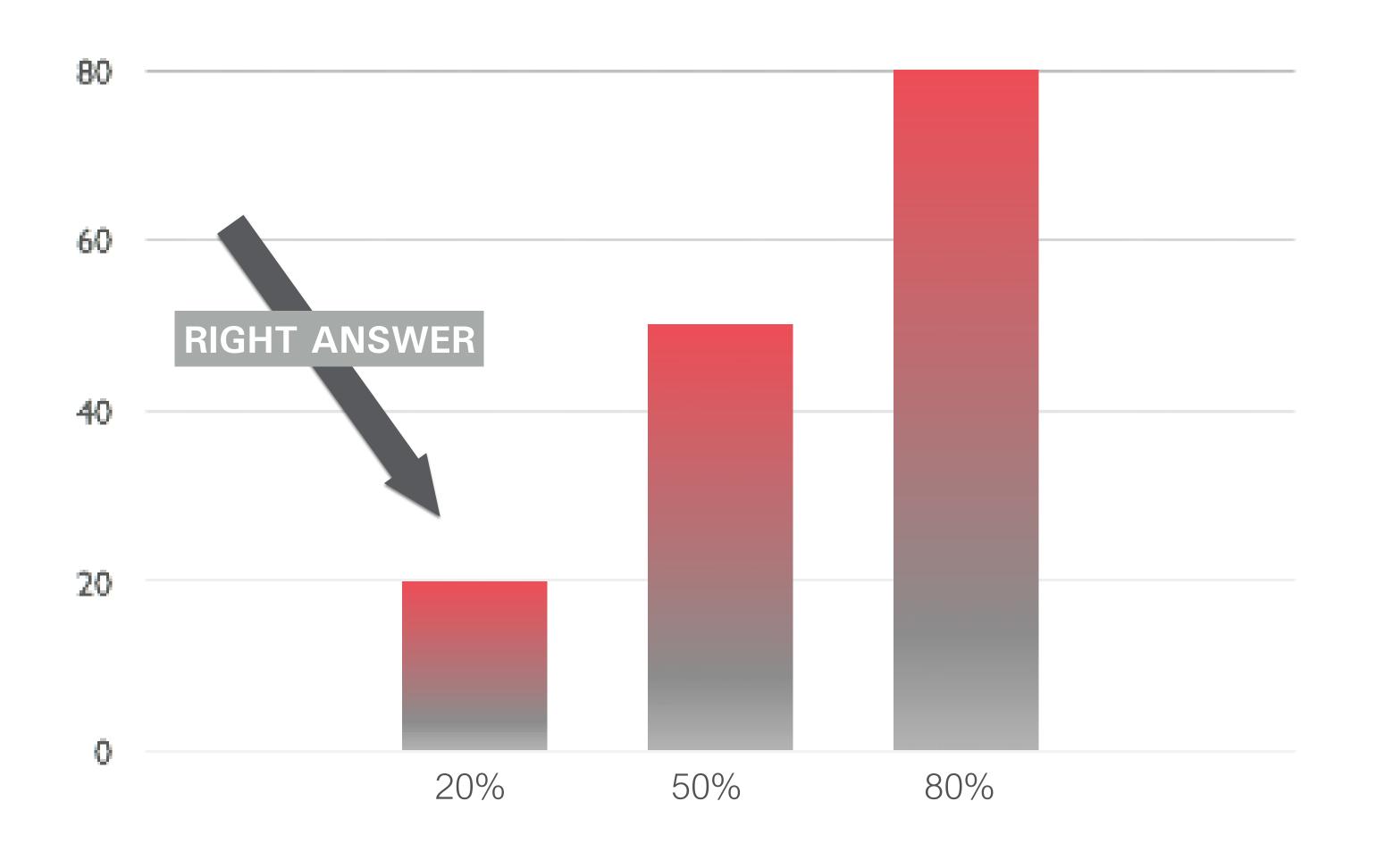


**YOUR PARTNER?** 



**YOUR NEIGHBORS?** 

### WHAT % OF DECISIONS CAN YOU MAKE ALONE?





### WHAT IS NEG OTIUM?



### THE OPPOSITE OF LEISURE



IF YOU FIND SOMETHING
DIFFICULT,
YOU ARE PART OF THE
PROBLEM!

# 3 NATURAL REACTIONS TO AVOID



### **ESCAPE**







GIVEIN

### 3 NATURAL REACTIONS TO AVOID

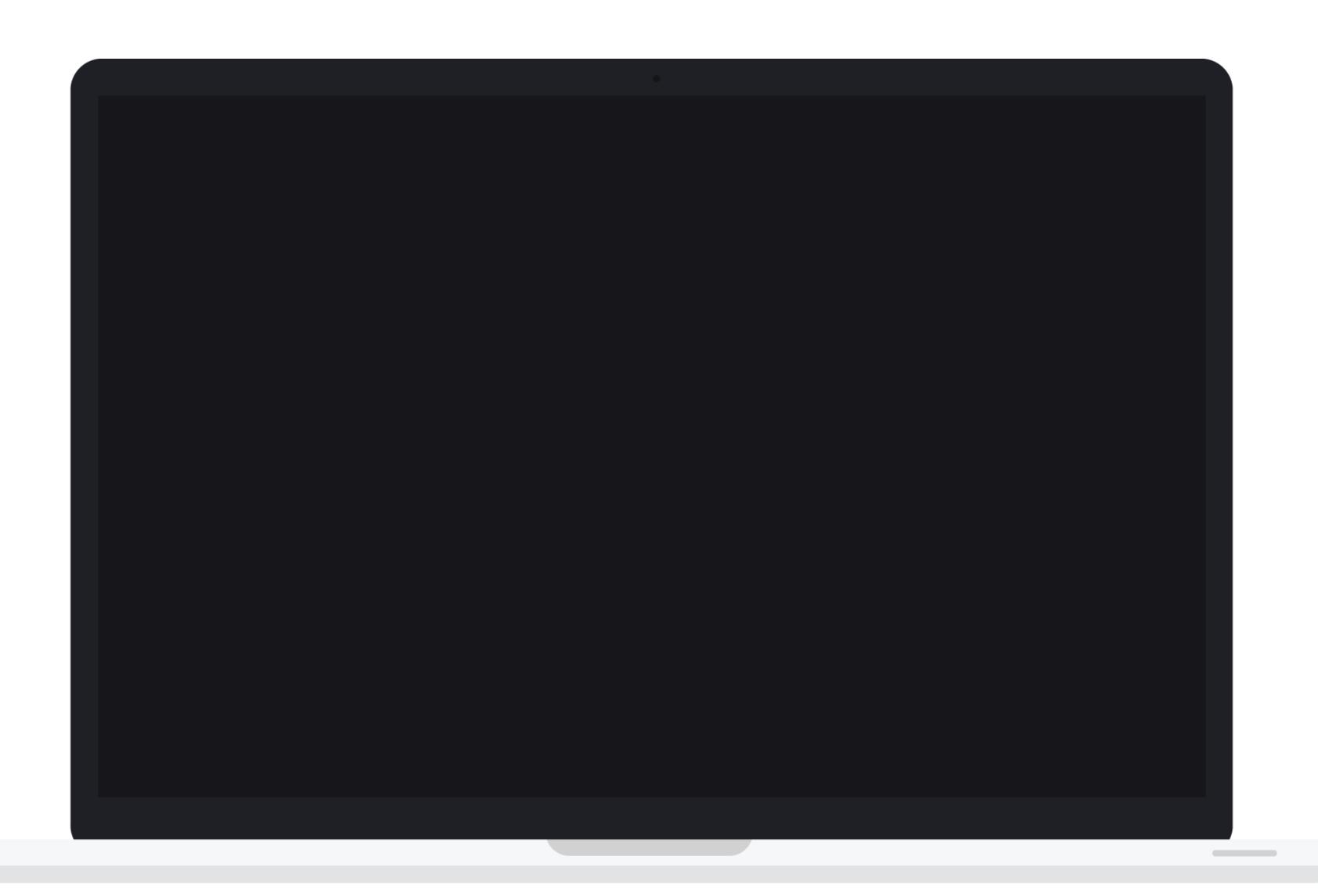


FIRST: ESCAPE

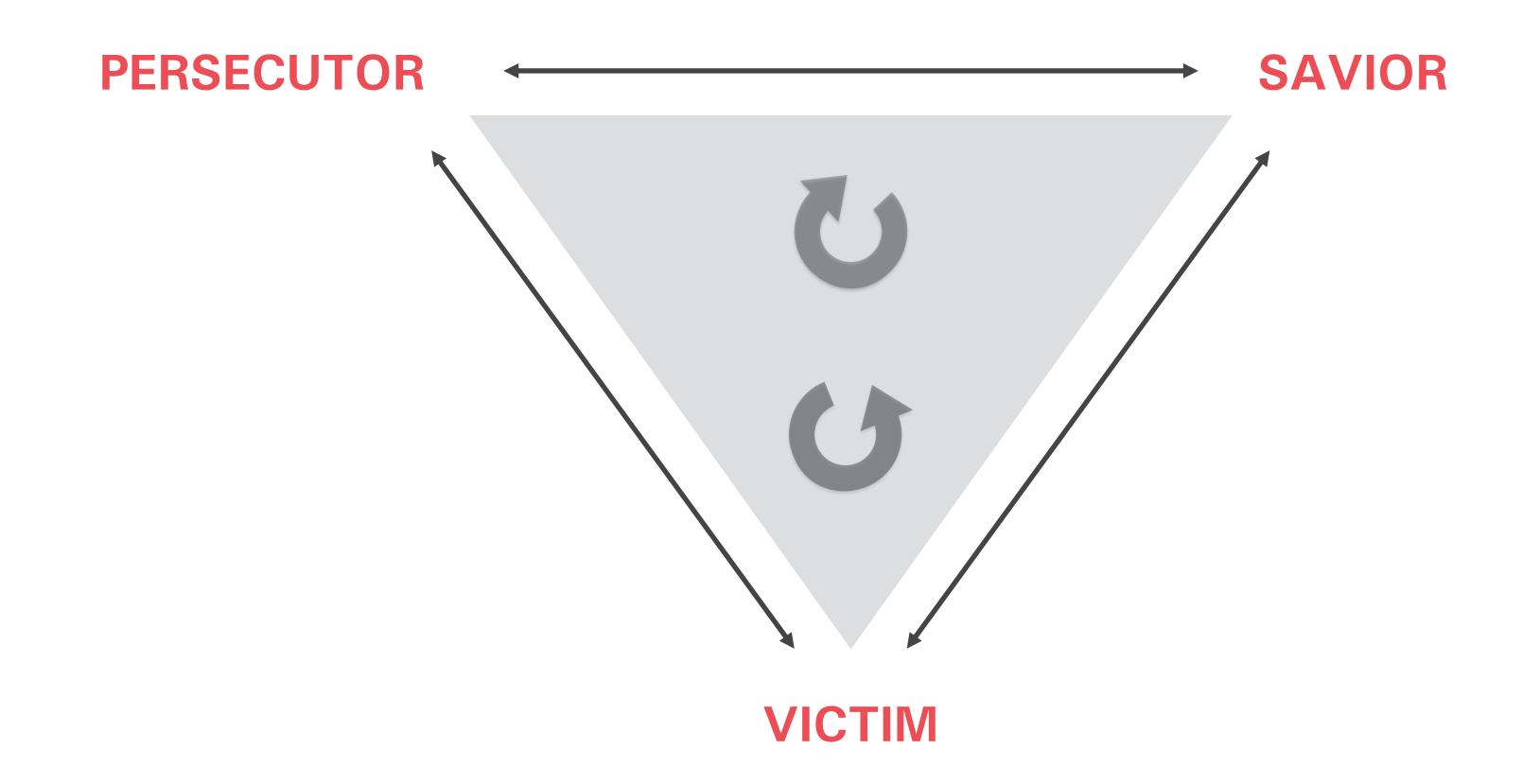


### DO NOT ESCAPE









DRAMATIC TRIANGLE (KARPMAN)

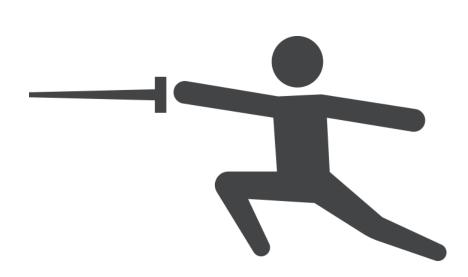


### 3 NATURAL REACTIONS TO AVOID

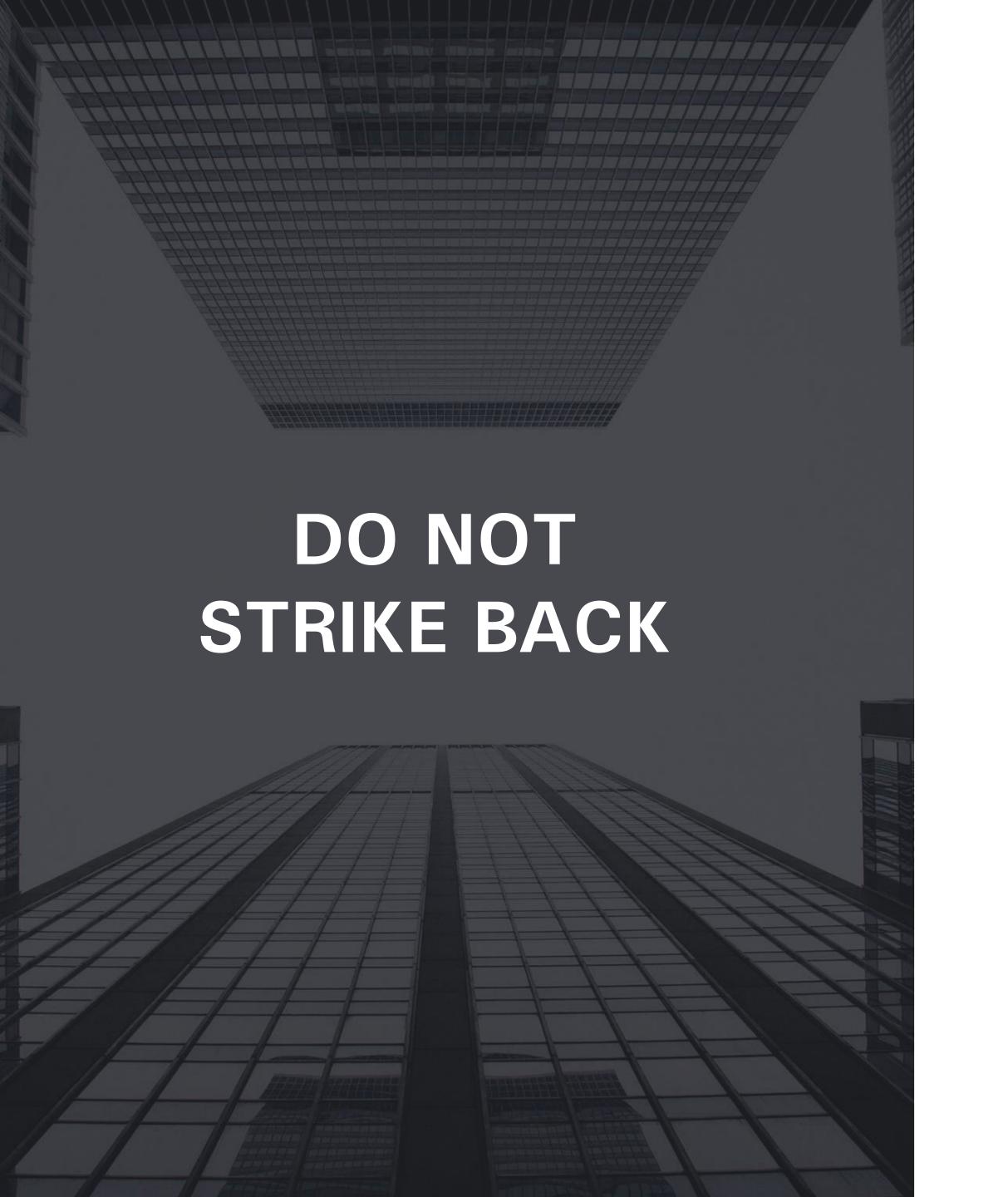


SECOND: STRIKE BACK

# DO NOT STRIKE BACK







6. Violence

5. Aggressiveness

4. Conflict

3. Discord

2. Incomprehension

1. Problem



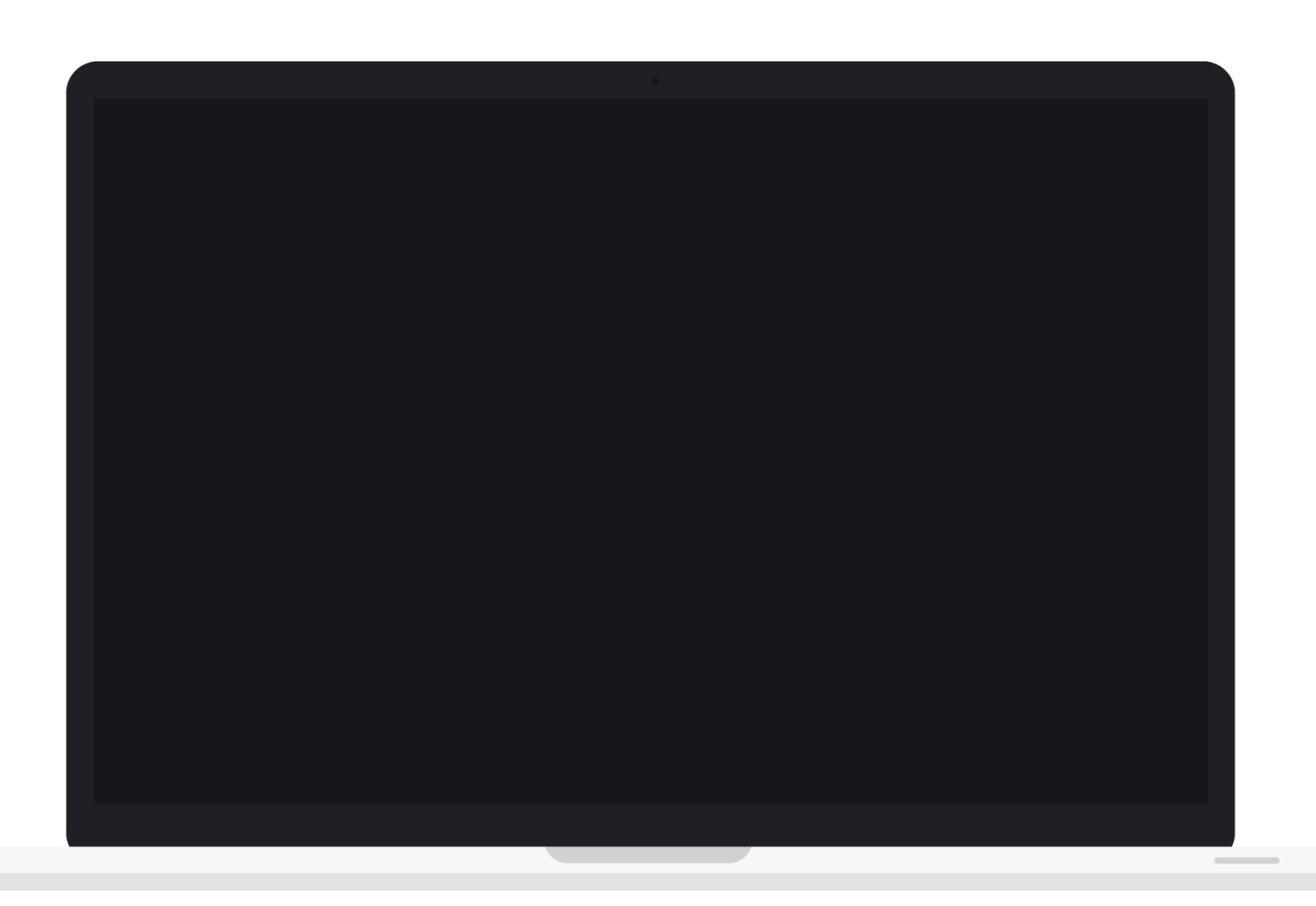
### 3 NATURAL REACTIONS TO AVOID



THIRD: GIVE IN

### DO NOT GIVE IN







### NO CONCESSION WITHOUT COUNTER CESSION





### IF YOU FIND SOMETHING DIFFICULT, YOU ARE PART OF THE SOLUTION!

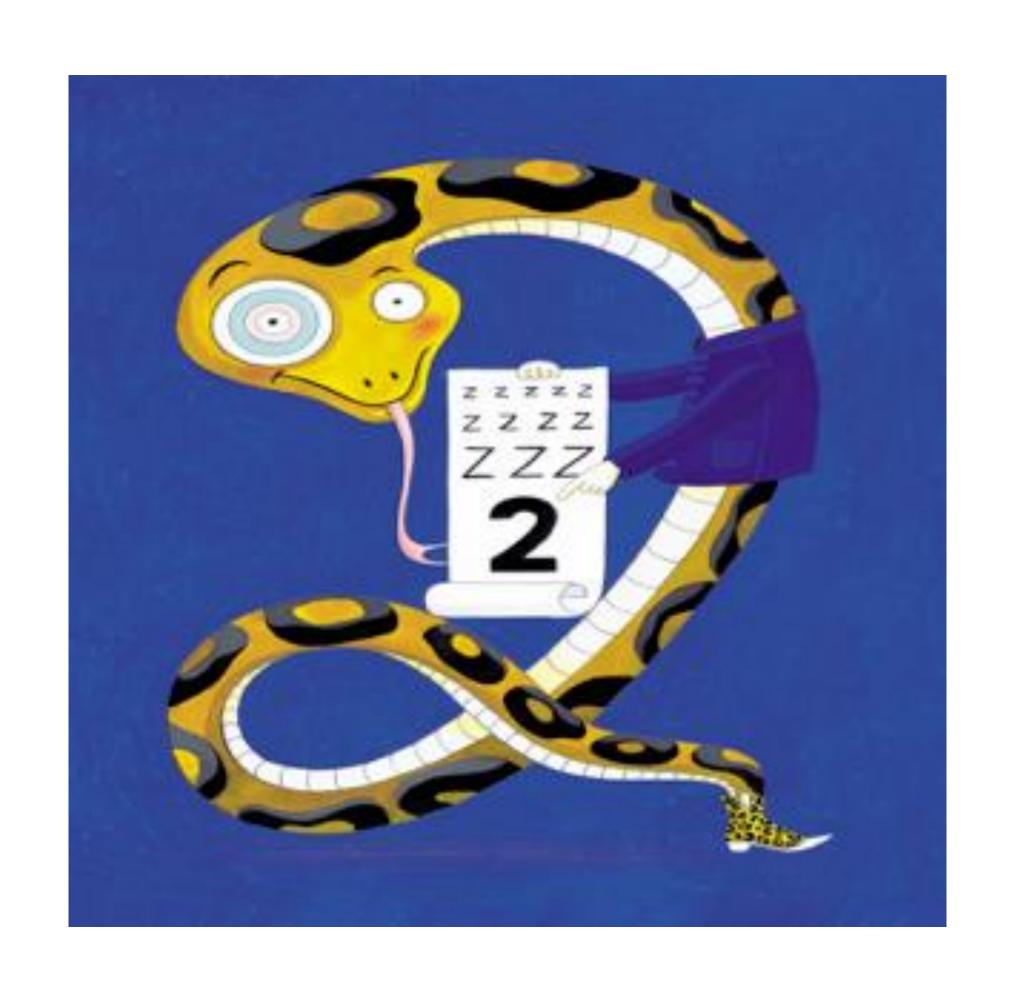
YIM WING CHUN

# DON'T MAKE IT A PERSONAL ISSUE

As long as I can smile,
I can make it through today
Samurai







### STEP INTO THEIR SHOES

You are probably right, but the other person is not necessarily wrong!



#### REFRAME

The one who manages the interview is not the speaker, but the questionner







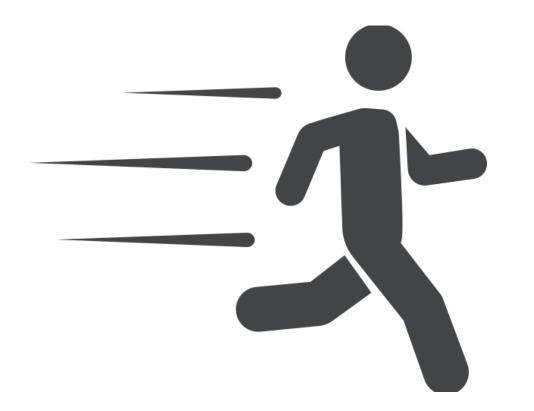
### USE POWER TO EDUCATE

Never threaten, explain the cost of not agreeing.

Nobody wants to lose face.



# DON'T ESCAPE, STRIKE BACK OR GIVE IN



**ESCAPE** 

STRIKE BACK



But, as Yim WING CHUN...

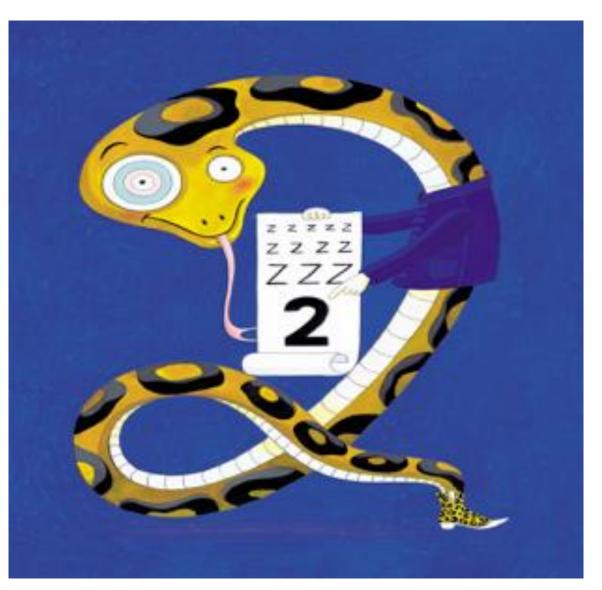




GIVE IN



Don't make it a personal issue



Step into their shoes



Reframe



Use power to educate



