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**Rachel
Nyaradzo Adams**

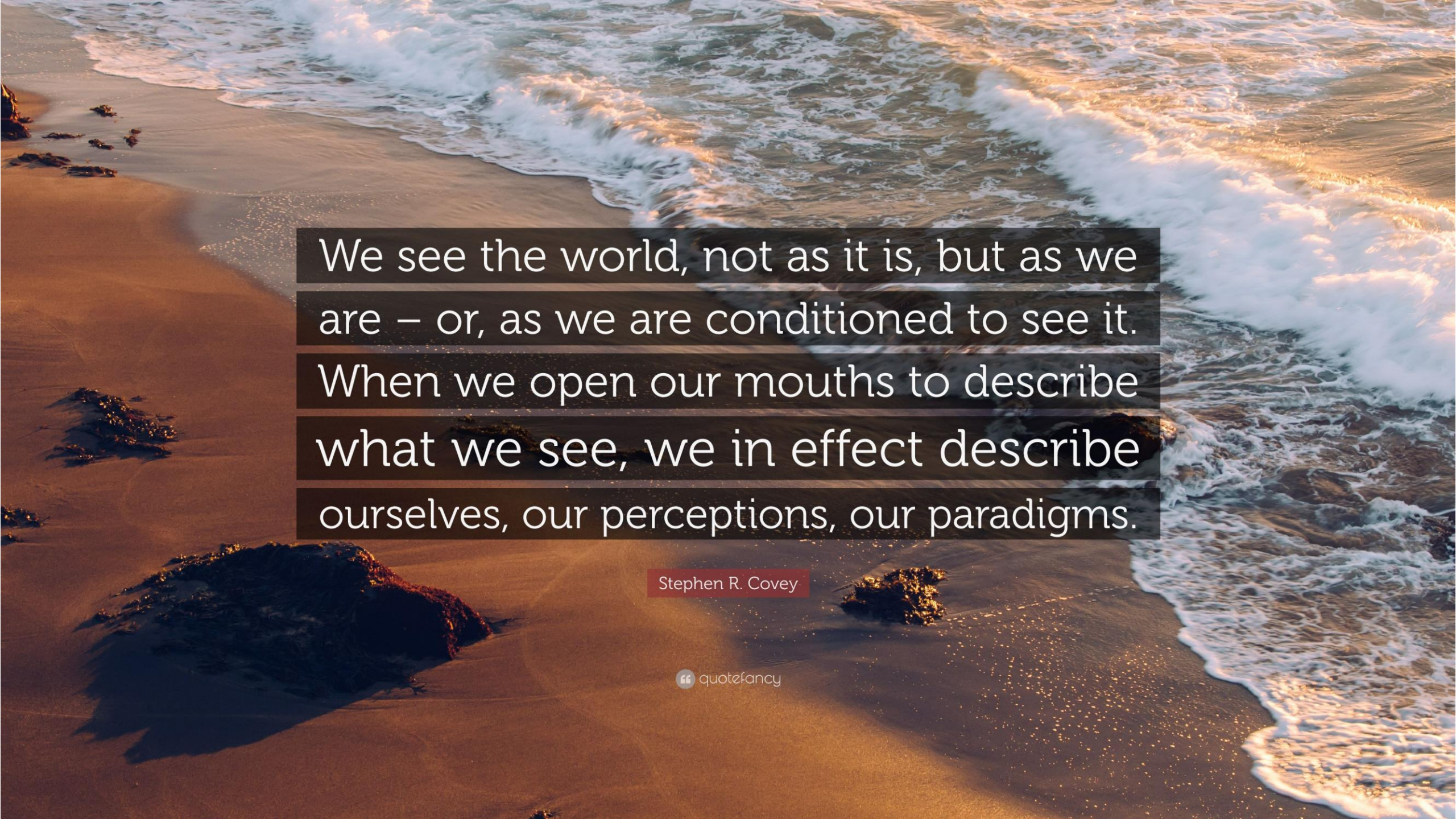
NARACHI

LEADERSHIP

AUTHENTIC POWER ● COURAGEOUS LEADERSHIP

Becoming Aware of Your BE-ing in
Leadership



A high-angle photograph of a beach at sunset. The ocean waves are breaking onto the shore, creating white foam. The sand is wet and reflects the golden light of the setting sun. There are some dark rocks or seaweed on the beach. The overall mood is serene and contemplative.

We see the world, not as it is, but as we are – or, as we are conditioned to see it. When we open our mouths to describe what we see, we in effect describe ourselves, our perceptions, our paradigms.

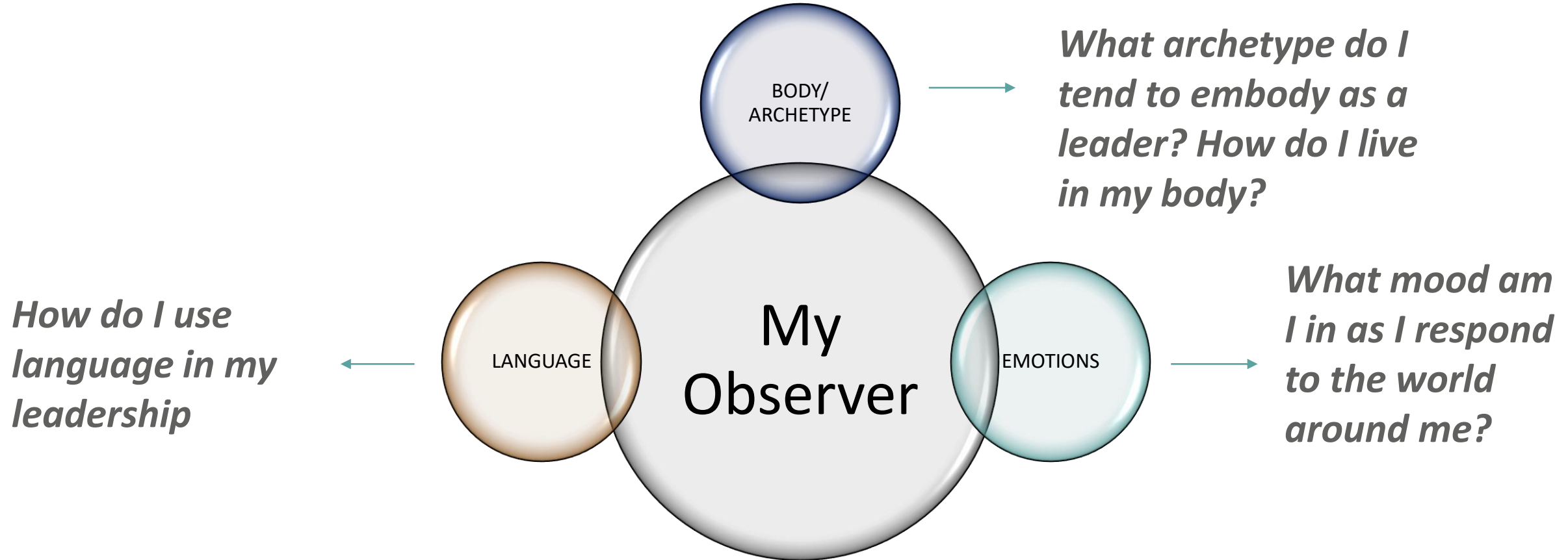
Stephen R. Covey

Dance



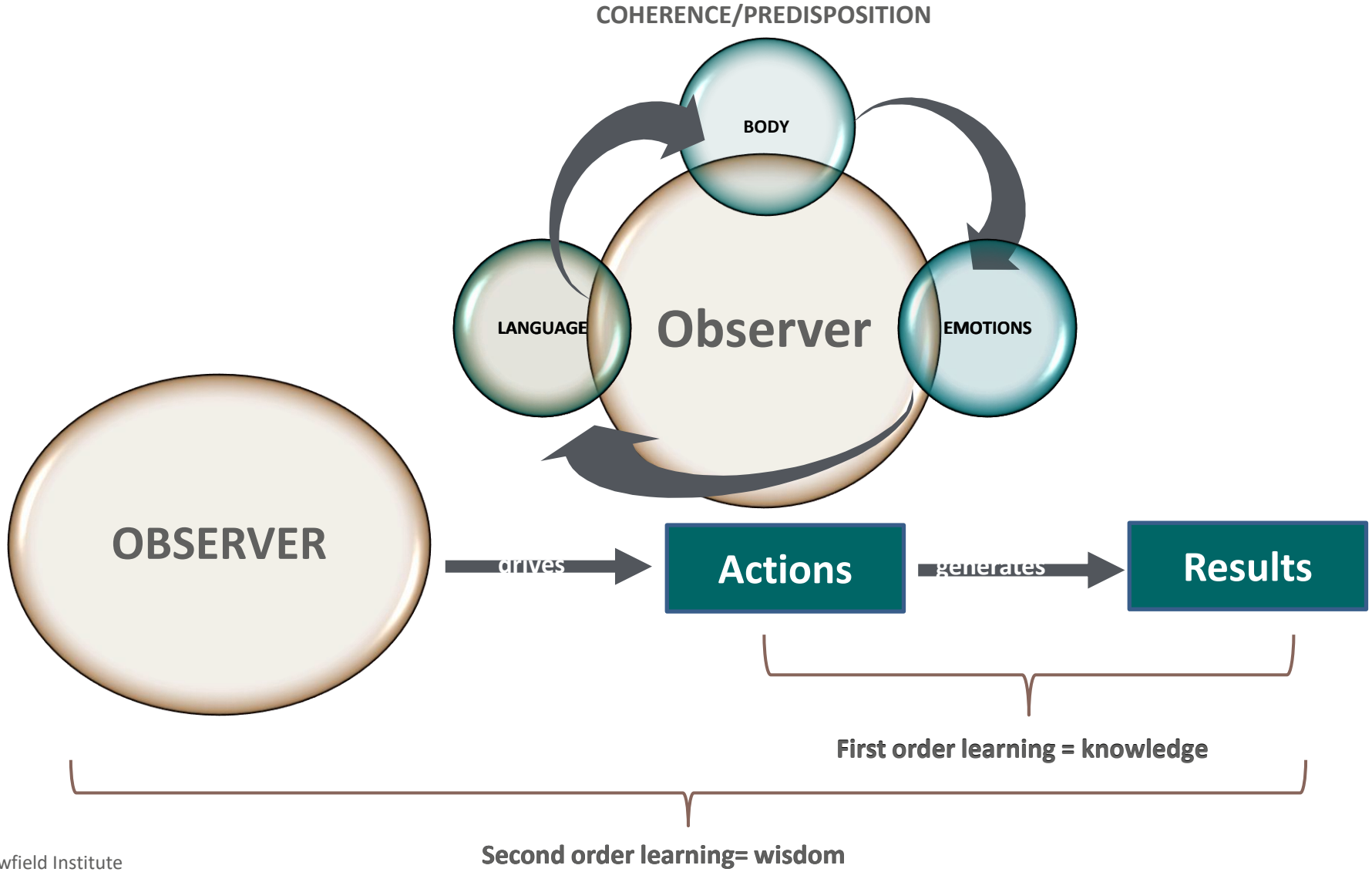
Balcony

Think of yourself as an observer in both of your professional and personal realities





The observer model shows us, if there are outcomes I am not experiencing as a leader it is because I have not yet created the coherence for them



Source: Adapted from Newfield Institute

Leadership From a Space of BE-ing & Becoming



ON THE BODY & ARCHETYPES

“In order to change, people need to become aware of ... the way that their bodies interact with the world around them. Physical self-awareness is the first step in releasing the tyranny of the past.”

- **Bessel A. van der Kolk, The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma**

Stability

The King/Queen

Commitment & Power: Fairness, Order, Clarity and Setting and Maintaining of Boundaries

Mantra: Everything will be ok because I lead

Shadow: The Tyrant



Centered Self



Openness

The Lover

Commitment & Power: Collaboration

Mantra: Come, let's do it together

Shadow: The Coward/Anaemic



Resolution

The Warrior

Commitment & Power: Getting it done

Mantra: It's not about me

Shadow: The Bully

Flexibility

The adventurer/Jester

Commitment & Power : Experimentation

Mantra: Why not?!

Shadow: The Manipulator

ON EMOTIONS AND MOODS

“Leaders....are the designers of the moods of their communities. They are the ones who generate new horizons of possibilities for their communities and the new actions that become possible...moods are highly contagious...The mood of a company is a decisive factor in determining what that company will be able to accomplish, how it will react to changes in its environment and how the challenge of inventing a future for itself will be taken by it’s individual members.”

-Dr. Rafael Echeverria

The determination of our effectiveness in leadership is in whether we are in opposition of life or in acceptance of what life presents

Resentment

I am a victim. I do not have the right/permission to participate

Resignation

I could do more but I am afraid

Acceptance

I cannot change what has happened in the past and I do not have to move forward

Ambition (Enthusiasm)

I invite the future and all of its possibilities

We oppose facts



We accept facts

We oppose possibilities



We accept possibilities

ON LANGUAGE

“The limits of my language means the limits of my world.”

- Ludwig Wittgenstein

Language generates outcomes and leaders increase or decrease their effectiveness through their use of language



Assessments

Assertions

Declarations

Requests

Offers

Promises



What will you do with your
one precious, wild life?

Mary Oliver

SUMMARY: We can operate as leaders in authentic power when we focus on our being and not just our doing

OBSERVER ELEMENTS

BODY/ARCHETYPE



OPPORTUNITY

- Take the risk of being more of who you are
- Understand that all archetypes are available to you through practice

EMOTIONS

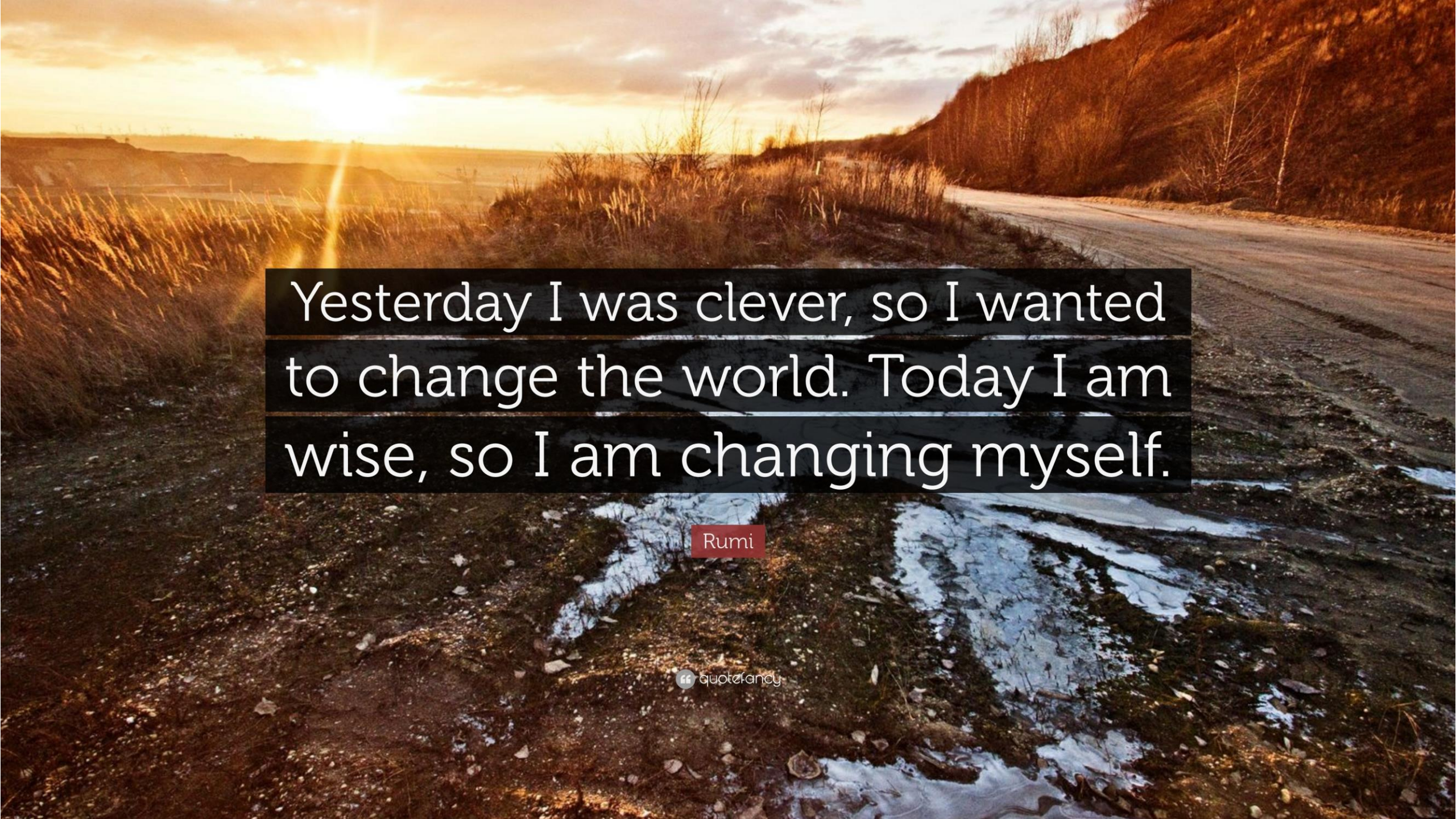


- Notice when you are in opposition of life and move into acceptance as a discipline

LANGUAGE



- Explore your choice of language and its sources
- Be intentional about the speech-acts you use
- Be aware that your language is generative



Yesterday I was clever, so I wanted
to change the world. Today I am
wise, so I am changing myself.

Rumi



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